**Natrum Sulphuricum**, a homeopathic remedy prepared from sodium sulfate, or Glauber's salt, is a deep-acting constitutional remedy with a primary affinity for the **liver, gastrointestinal tract, and respiratory system**. It's often used for conditions that are aggravated by damp, humid weather and for the ill effects of head injuries.1

### **Key Homeopathic Properties of Natrum Sulphuricum:**

* **Liver and Gastrointestinal System**: This is a major sphere of action.2 The remedy is indicated for a range of digestive issues, including a sensitive liver, bilious colic (pain from a blocked bile duct), and a greenish-brown, watery stool. It is a key remedy for a "bilious" state, with a bitter taste in the mouth and a tendency to vomit bile. The person may feel a stitching pain in the right side, where the liver is located.
* **Respiratory System**: Natrum Sulph is a top remedy for respiratory conditions that are worsened by damp weather or living in a humid environment.3 It is used for asthma, bronchitis, and pneumonia, especially when the symptoms include a green or thick, yellowish expectoration. The person may feel a heavy, suffocating sensation in the chest.
* **Worse from Dampness**: A cardinal keynote of this remedy is a strong aggravation from **damp, humid weather**.4 The symptoms, whether they are physical or mental, are always made worse by a change to wet weather, and the person may feel worse when living near water.5
* **Head Injuries**: Natrum Sulph is a valuable remedy for the long-term effects of a **head injury**.6 It can be used for symptoms that persist after a concussion, such as memory loss, mental fogginess, or a change in personality.
* **Mental and Emotional Symptoms**: The mental state is often one of a great sadness or despondency, with a tendency to be irritable and to have a desire to be left alone.7 The person may have a sense of confusion or a feeling of a "brain fog."
* **Other Symptoms**: It can also be used for conditions like gout and rheumatism that are made worse by dampness.8 The pains are often described as a bruised, aching sensation.

In homeopathy, Natrum Sulph is selected when the totality of the patient's symptoms, especially the strong aggravation from dampness and the specific digestive and respiratory complaints, matches its remedy picture.